

To everyone who uses the hot bath facility

- Please refrain from using the facility for the following visitors.

- ① during menstruation or diarrhea
- ② drunk alcohol
- ③ having infectious disease (skin disease, sexually transmitted disease and so on)
- ④ having tattoo (including paint or stickers)
- ⑤ infants with diapers

• Preschoolers can use this facility with guardians over 16 years old. Two preschoolers are allowed to enter along with one guardian.

- Mixed bathing are not allowed for over 7 years old children.
- Elementary school students or children under elementary school need guardians over 16 years old after 6 PM.
- Do not eat in the changing room and the bathroom.
- Pour hot water on yourself before you get into a bathtub for sanitation and your health.
- Please rinse soap off your body before you get into a bathtub.
- Do not put your towel into a bathtub for sanitation.
- Do not keep your space with your properties/belongings in washing space or sauna.
- Bind your long hair not to get your hair into a bathtub.
- Do not bathe with your clothes. Don't do the laundry in the bathroom.
- The following are prohibited here.

- ① Smoking
- ② bringing newspapers or magazines
- ③ bringing foods
- ④ bringing electronic equipment
- ⑤ bringing accessories
- ⑥ taking pictures
- ⑦ dyeing your hair

- Do not swim or dive in the bathtub.
- Wipe your body before you get into a changing room after a bath.
- These people should not use the sauna.
 - ① people who are prohibited to take a hot or warm water bathing by doctors
 - ② people who have heart abnormality
 - ③ people who are exhausted
 - ④ people who are drunk
- It is very dangerous for children to use sauna alone. Children have to be with guardians over 16 years old.
- Please use sauna mats.
- Don't keep your space with your properties/belongings in sauna.
- Don't put water on the heater or the sauna stones.
- Take care on your glasses or watches.
- Hydrate yourselves well.
- Wash off your sweat by shower when you take a water bath after sauna.

※Please follow the instructions by staffs. People who don't follow the instructions may have to leave here.

- Please contact us for precautions when using the swimming pool.